



## Medical PA Criteria Document

Medical Procedure Class:	<b>CT of Thoracic Spine</b>
Date:	May 1, 2007
Updated:	January 1, 2008

### Executive Summary

<b>Purpose:</b>	To identify and discourage the inappropriate use of high tech, high cost diagnostic imaging
<b>Why was this Issue Selected:</b>	<p>The indiscriminate use of expensive imaging exams for common and uncomplicated clinical presentations of the back and spine, e.g. chronic neck or back pain, have contributed to the perception of low value from these studies and to the high costs in managing these conditions.</p> <p>Patients with normal radiographic results (plain film X-rays) and no neurologic signs or symptoms will usually require no further imaging. However, patients with normal radiographs and positive neurologic signs or symptoms may require CT imaging.</p>
<b>Procedures subject to Pre-Certification</b>	<ul style="list-style-type: none"><li>• 72128 Computed tomography, thoracic spine; without contrast material</li><li>• 72129 Computed tomography, thoracic spine; with contrast material</li><li>• 72130 Computed tomography, thoracic spine; without contrast material, followed by contrast material(s) and further sections</li></ul>

<b>Setting &amp; Population:</b>	All Medicaid fee-for-service patients
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<b>Type of Criteria:</b>	<input type="checkbox"/> Increased risk of ADE <input checked="" type="checkbox"/> Appropriate Indications	<input type="checkbox"/> Non-Preferred Agent <input type="checkbox"/>
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<b>Data Sources:</b>	<input type="checkbox"/> Only administrative databases <input type="checkbox"/> Databases + Prescriber-supplied
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### Setting & Population

- Procedure Group for review: CT of Thoracic Spine
- Common Diagnostic Indications: Pain, radiculopathy, new or progressive neurologic symptoms or deficits.
- Considerations: Unless contraindicated, MRI is the preferred modality for most thoracic spine imaging over CT, except for a few indications such as evaluation of suspected fracture or fracture follow-up.
- Age range: All patients

## Approval Criteria

**Patients with any of the following diagnostic indications for CT of the Thoracic Spine, which may include supporting clinical information:**

- Persistent pain or radiculopathy, with > 6 weeks of conservative therapy and inadequate response to treatment. Note: children may not require 6 weeks
- New or progressive neurologic symptoms or deficits, e.g. motor or sensory loss attributable to thoracic spine pathology
- Signs or symptoms of spinal cord or nerve root compression, e.g. from disc herniation or spinal stenosis
- Multiple Sclerosis or other demyelinating diseases or myelopathies
- Infectious or inflammatory processes
- Possible spinal cord injury and post-traumatic neurologic deficit
- Post-operative evaluation, with new neurologic findings
- Tumor evaluation, for suspected or documented lesions
- Fracture evaluation, for suspected or known fracture (CT typically is the preferred imaging modality for fractures)
- Severe scoliosis, which may include pre- or post-operative evaluation

<b>Approval Diagnoses (Appendix A)</b>				
<b>Condition</b>	<b>Submitted ICD-9 Diagnoses</b>	<b>CPT</b>	<b>Date Range</b>	<b>Client Approval (Initials)</b>
Persistent pain or radiculopathy with > 6 weeks of conservative therapy and inadequate response to treatment.	720.0 - 724.9, 729.2, 781 - 781.99, 782	62310, 97530, 97810 - 97814, 98925 - 98929, 98940 - 98942	12 months	
New or progressive neurologic symptoms or deficits (motor/sensory loss) attributable to Thoracic spine pathology	720.0 - 724.9, 729.2, 781 - 781.99, 782	NA	12 months	
Signs or symptoms of spinal cord or nerve root compression (disc herniation/spinal stenosis)	720.0 - 724.9, 729.2, 781 - 781.99, 782	NA	12 months	
Multiple sclerosis or other demyelinating diseases or myelopathies	340, 341 - 341.9	NA	12 months	
Infectious or inflammatory processes	730.9	NA	12 months	
Possible spinal cord injury and post-traumatic neurologic deficit	952.1 - 952.19, 952.8, 952.9	NA	12 months	
Post-operative evaluation, with new neurologic findings	720.0 - 724.9, 729.2, 781 - 781.99, 782	NA	12 months	
Tumor evaluation, for suspected or documented lesions	170, 192.2, 192.3, 192.8, 192.9, 198.3, 198.4, 213.2, 225.3, 225.4, 225.8, 225.9, 237.5	NA	12 months	
Severe Scoliosis, which may include pre- or post-operative evaluation	737.0 - 737.9	NA	12 months	
Fracture evaluation, for suspected or known fracture	805.2 - 805.3, 806.2 - 806.39	NA	12 months	

## Denial Criteria

**Patients without any of the above diagnostic indications for CT of the Thoracic Spine. Some of these requested exams may be approvable upon the submission of appropriate supporting clinical information.**

- For patients with chronic back pain and the absence of neurologic signs and symptoms, plain radiographs should usually be the initial study performed in their evaluation
- Has not had a Thoracic Spine X-ray in the last 60 days
- Have had a CT or MRI of the Thoracic Spine in the last 180 days

## References

1. Hitselberger WE, Witten RM. Abnormal myelograms in asymptomatic patients. *J Neurosurg* 1968; 28(3):204-206.
2. Wiesel SW, Tsourmas N, Feffer HL, et al. A study of computer-assisted tomography. I. The incidence of positive CAT scans in an asymptomatic group of patients. *Spine* 1984; 9(6):549-551.
3. Saifuddin A. MRI of acute spinal trauma. *Skeletal Radiol* 2001; 30(5):237-246.
4. Brown CVR, Antevil JL, Sise MJ, Sack DI. Spiral computed tomography for the diagnosis of cervical, thoracic, and lumbar spine fractures: Its time has come. *J Trauma* 2005; 58(5):890-896.
5. Wintermark M, Mouhsine E, Theumann N, et al. Thoracolumbar Spine Fractures in Patients who have Sustained Severe Trauma: Depiction with Multi-Detector Row CT. *Radiology* 2003; 227: 681-689.
6. Jaramillo D, Poussaint TY, Grottka BE. Scoliosis: Evidence-Based Diagnostic Evaluation. *Neuroimag Clin N Am* 2003; 13: 335-341.